

Return of Organization Exempt From Income Tax

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except black lung benefit trust or private foundation)

2007

Open to Public Inspection

Department of the Treasury Internal Revenue Service

The organization may have to use a copy of this return to satisfy state reporting requirements

A For the 2007 calendar year, or tax year beginning 2007, and ending 20

- B Check if applicable: Address change, Name change, Initial return, Termination, Amended return, Application pending

C Name of organization: INNERLIGHT BIOLOGICAL RESEARCH
D Employer identification number: 31-1816384
E Telephone number: (760) 751-8321
F Accounting method: [X] Cash [ ] Accrual

Section 501(c)(3) organizations and 4947(a)(1) nonexempt charitable trusts must attach a completed Schedule A (Form 990 or 990-EZ)

- H and I are not applicable to section 527 organizations
H(a) Is this a group return for affiliates? Yes [ ] No [X]
H(b) If "Yes" enter number of affiliates
H(c) Are all affiliates included? Yes [ ] No [ ]
H(d) Is this a separate return filed by an organization covered by a group ruling? Yes [ ] No [ ]

G Website

J Organization type (check only one) [X] 501(c)(3) (insert no) 4947(a)(1) or 527

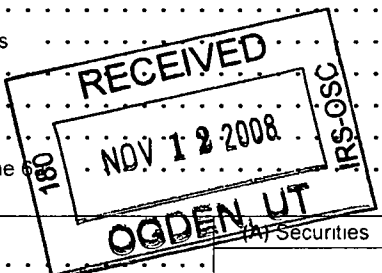
K Check here [X] if the organization is not a 509(a)(3) supporting organization and its gross receipts are normally not more than \$25,000. A return is not required but if the organization chooses to file a return, be sure to file a complete return.

L Gross receipts. Add lines 6b, 8b, 9b, and 10b to line 12

I Group Exemption Number
M Check [ ] if the organization is not required to attach Sch B (Form 990, 990-EZ, or 990-PF)

Part I Revenue, Expenses, and Changes in Net Assets or Fund Balances (See the instructions)

Table with 21 rows and 4 columns: Description, Sub-column, Total, and Amount. Includes lines 1-21 for revenue and expenses, ending with net assets of 30,727.



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**Part II** **Statement of Functional Expenses** All organizations must complete column (A) Columns (B), (C), and (D) are required for section 501(c)(3) and (4) organizations and section 4947(a)(1) nonexempt charitable trusts but optional for others (See the instructions)

| Do not include amounts reported on line 6b, 8b, 9b, 10b, or 16 of Part I |  | (A) Total | (B) Program services | (C) Management and general | (D) Fundraising |
|--|--|-----------|----------------------|----------------------------|-----------------|
| 22 a   | Grants paid from donor advised funds (attach schedule) (cash \$ _____ noncash \$ _____) If this amount includes foreign grants, check here <input type="checkbox"/>              | 22a       |                      |                            |                 |
| 22 b   | Other grants and allocations (attach schedule) (cash \$ _____ noncash \$ _____) If this amount includes foreign grants, check here <input type="checkbox"/>                      | 22b       |                      |                            |                 |
| 23   | Specific assistance to individuals (attach schedule) . . . . .   | 23        |                      |                            |                 |
| 24   | Benefits paid to or for members (attach schedule) . . . . .  | 24        |                      |                            |                 |
| 25 a   | Compensation of current officers, directors, key employees, etc listed in Part V-A . . . . .   | 25a       |                      |                            |                 |
| b  | Compensation of former officers, directors, key employees, etc listed in Part V-B . . . . .  | 25b       |                      |                            |                 |
| c  | Compensation and other distributions, not included above, to disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B) . . . . . | 25c       |                      |                            |                 |
| 26   | Salaries and wages of employees not included on lines 25a, b, and c . . . . .  | 26        |                      |                            |                 |
| 27   | Pension plan contributions not included on lines 25a, b, and c . . . . .   | 27        |                      |                            |                 |
| 28   | Employee benefits not included on lines 25a - 27 . . . . .   | 28        |                      |                            |                 |
| 29   | Payroll taxes . . . . .  | 29        |                      |                            |                 |
| 30   | Professional fundraising fees . . . . .  | 30        |                      |                            |                 |
| 31   | Accounting fees . . . . .  | 31        |                      |                            |                 |
| 32   | Legal fees . . . . .   | 32        |                      |                            |                 |
| 33   | Supplies . . . . .   | 33        | 68                   | 68                         |                 |
| 34   | Telephone . . . . .  | 34        |                      |                            |                 |
| 35   | Postage and shipping . . . . .   | 35        |                      |                            |                 |
| 36   | Occupancy . . . . .  | 36        |                      |                            |                 |
| 37   | Equipment rental and maintenance . . . . .   | 37        |                      |                            |                 |
| 38   | Printing and publications . . . . .  | 38        |                      |                            |                 |
| 39   | Travel . . . . .   | 39        |                      |                            |                 |
| 40   | Conferences, conventions, and meetings . . . . .   | 40        |                      |                            |                 |
| 41   | Interest . . . . .   | 41        |                      |                            |                 |
| 42   | Depreciation, depletion, etc (attach schedule) . . . . .   | 42        |                      |                            |                 |
| 43   | Other expenses not covered above (itemize)   |           |                      |                            |                 |
| a  | BANK CHARGES   | 43a       | 144                  | 144                        |                 |
| b  | MERCHANT FEES  | 43b       | 159                  | 159                        |                 |
| c  |  | 43c       |                      |                            |                 |
| d  |  | 43d       |                      |                            |                 |
| e  |  | 43e       |                      |                            |                 |
| f  |  | 43f       |                      |                            |                 |
| g  |  | 43g       |                      |                            |                 |
| 44   | <b>Total functional expenses</b> Add lines 22a through 43g (Organizations completing columns (B)-(D), carry these totals to lines 13-15) . . . . .                               | 44        | 371                  | 371                        | 0               |

**Joint Costs.** Check  if you are following SOP 98-2  
 Are any joint costs from a combined educational campaign and fundraising solicitation reported in (B) Program services?  Yes  No  
 If "Yes," enter (i) the aggregate amount of these joint costs \$ \_\_\_\_\_, (ii) the amount allocated to Program services \$ \_\_\_\_\_,  
 (iii) the amount allocated to Management and general \$ \_\_\_\_\_, and (iv) the amount allocated to Fundraising \$ \_\_\_\_\_

**Part III** Statement of Program Service Accomplishments (See the instructions)

Form 990 is available for public inspection and, for some people, serves as the primary or sole source of information about a particular organization. How the public perceives an organization in such cases may be determined by the information presented on its return. Therefore, please make sure the return is complete and accurate and fully describes, in Part III, the organization's programs and accomplishments.

What is the organization's primary exempt purpose? **NUTRITIONAL RESEARCH**

All organizations must describe their exempt purpose achievements in a clear and concise manner. State the number of clients served, publications issued, etc. Discuss achievements that are not measurable. (Section 501(c)(3) and (4) organizations and 4947(a)(1) nonexempt charitable trusts must also enter the amount of grants and allocations to others.)

**Program Service Expenses**  
(Required for 501(c)(3) and (4) orgs., and 4947(a)(1) trusts, but optional for others.)

**a** See SERVICES

(Grants and allocations \$ ) If this amount includes foreign grants, check here

**b**

(Grants and allocations \$ ) If this amount includes foreign grants, check here

**c**

(Grants and allocations \$ ) If this amount includes foreign grants, check here

**d**

(Grants and allocations \$ ) If this amount includes foreign grants, check here

**e** Other program services (attach schedule)

(Grants and allocations \$ ) If this amount includes foreign grants, check here

**f** Total of Program Service Expenses (should equal line 44, column (B), Program services)

**Part IV Balance Sheets** (See the instructions)

| Note  |   | (A)  |          | (B)         |        |
|---|---|--|----------|-------------|--------|
| Where required, attached schedules and amounts within the description column should be for end-of-year amounts only |   | Beginning of year  |          | End of year |        |
| A<br>s<br>s<br>e<br>t<br>s  | 45  | Cash - non-interest-bearing  | 128      | 45          | 5      |
|   | 46  | Savings and temporary cash investments   |          | 46          |        |
|   | 47 a  | Accounts receivable  | 5,722    |             |        |
|   | b   | Less allowance for doubtful accounts   |          | 47c         | 5,722  |
|   | 48 a  | Pledges receivable   |          |             |        |
|   | b   | Less allowance for doubtful accounts   |          | 48c         |        |
|   | 49  | Grants receivable  |          | 49          |        |
|   | 50 a  | Receivables from current and former officers, directors, trustees, and key employees (attach schedule)   |          | 50a         |        |
|   | b   | Receivables from other disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B) (attach schedule)         |          | 50b         |        |
|   | 51 a  | Other notes and loans receivable (attach schedule)   |          |             |        |
|   | b   | Less allowance for doubtful accounts   |          | 51c         |        |
|   | 52  | Inventories for sale or use  | 25,000   | 52          | 25,000 |
|   | 53  | Prepaid expenses and deferred charges  |          | 53          |        |
|   | 54 a  | Investments - publicly-traded securities   | Cost FMV | 54a         |        |
|   | b   | Investments - other securities (attach schedule)   | Cost FMV | 54b         |        |
|   | 55 a  | Investments - land, buildings, and equipment basis   |          |             |        |
|   | b   | Less accumulated depreciation (attach schedule)  |          | 55c         |        |
|   | 56  | Investments - other (attach schedule)  |          | 56          |        |
|   | 57 a  | Land, buildings, and equipment basis   |          |             |        |
| b   | Less accumulated depreciation (attach schedule)   |  | 57c      |             |        |
| 58  | Other assets, including program-related investments (describe )                                     |  | 58       |             |        |
| 59  | <b>Total assets</b> (must equal line 74) Add lines 45 through 58                                    | 31,850   | 59       | 30,727      |        |
| L<br>i<br>a<br>b<br>i<br>l<br>i<br>t<br>i<br>e<br>s   | 60  | Accounts payable and accrued expenses  |          | 60          |        |
|   | 61  | Grants payable   |          | 61          |        |
|   | 62  | Deferred revenue   |          | 62          |        |
|   | 63  | Loans from officers, directors, trustees, and key employees (attach schedule)  |          | 63          |        |
|   | 64 a  | Tax-exempt bond liabilities (attach schedule)  |          | 64a         |        |
|   | b   | Mortgages and other notes payable (attach schedule)  |          | 64b         |        |
|   | 65  | Other liabilities (describe )  |          | 65          |        |
| 66  | <b>Total liabilities</b> Add lines 60 through 65  | 0  | 66       | 0           |        |
| N<br>e<br>t<br>A<br>s<br>s<br>e<br>t<br>B<br>a<br>l<br>a<br>n<br>c<br>e<br>s  | Organizations that follow SFAS 117, check here and complete lines 67 through 69 and lines 73 and 74 |  |          |             |        |
|   | 67  | Unrestricted   |          | 67          |        |
|   | 68  | Temporarily restricted   |          | 68          |        |
|   | 69  | Permanently restricted   |          | 69          |        |
|   | Organizations that do not follow SFAS 117, check here X and complete lines 70 through 74            |  |          |             |        |
|   | 70  | Capital stock, trust principal, or current funds   | 0        | 70          | 0      |
|   | 71  | Paid-in or capital surplus, or land, building, and equipment fund  | 0        | 71          | 0      |
|   | 72  | Retained earnings, endowment, accumulated income, or other funds   | 31,849   | 72          | 30,727 |
|   | 73  | <b>Total net assets or fund balances.</b> Add lines 67 through 69 or lines 70 through 72 (Column (A) must equal line 19 and column (B) must equal line 21) | 31,849   | 73          | 30,727 |
|   | 74  | <b>Total liabilities and net assets/fund balances.</b> Add lines 66 and 73   | 31,849   | 74          | 30,727 |

**Part IV-A Reconciliation of Revenue per Audited Financial Statements With Revenue per Return** (See the instructions)

|          |  |           |          |  |
|----------|--|-----------|----------|--|
| <b>a</b> | Total revenue, gains, and other support per audited financial statements |           | <b>a</b> |  |
| <b>b</b> | Amounts included on line a but not on Part I, line 12                    |           |          |  |
| <b>1</b> | Net unrealized gains on investments                                      | <b>b1</b> |          |  |
| <b>2</b> | Donated services and use of facilities                                   | <b>b2</b> |          |  |
| <b>3</b> | Recoveries of prior year grants  | <b>b3</b> |          |  |
| <b>4</b> | Other (specify) _____  | <b>b4</b> |          |  |
|          | Add lines <b>b1</b> through <b>b4</b>                                    |           | <b>b</b> |  |
| <b>c</b> | Subtract line <b>b</b> from line <b>a</b>                                |           | <b>c</b> |  |
| <b>d</b> | Amounts included on Part I, line 12, but not on line a                   |           |          |  |
| <b>1</b> | Investment expenses not included on Part I, line 6b                      | <b>d1</b> |          |  |
| <b>2</b> | Other (specify) _____  | <b>d2</b> |          |  |
|          | Add lines <b>d1</b> and <b>d2</b>  |           | <b>d</b> |  |
| <b>e</b> | Total revenue (Part I, line 12) Add lines <b>c</b> and <b>d</b>          |           | <b>e</b> |  |

**Part IV-B Reconciliation of Expenses per Audited Financial Statements With Expenses per Return**

|          |  |           |          |     |
|----------|--|-----------|----------|-----|
| <b>a</b> | Total expenses and losses per audited financial statements       |           | <b>a</b> | 371 |
| <b>b</b> | Amounts included on line a but not on Part I, line 17            |           |          |     |
| <b>1</b> | Donated services and use of facilities                           | <b>b1</b> |          |     |
| <b>2</b> | Prior year adjustments reported on Part I, line 20               | <b>b2</b> |          |     |
| <b>3</b> | Losses reported on Part I, line 20                               | <b>b3</b> |          |     |
| <b>4</b> | Other (specify) _____  | <b>b4</b> |          |     |
|          | Add lines <b>b1</b> through <b>b4</b>                            |           | <b>b</b> |     |
| <b>c</b> | Subtract line <b>b</b> from line <b>a</b>                        |           | <b>c</b> | 371 |
| <b>d</b> | Amounts included on Part I, line 17, but not on line a           |           |          |     |
| <b>1</b> | Investment expenses not included on Part I, line 6b              | <b>d1</b> |          |     |
| <b>2</b> | Other (specify) _____  | <b>d2</b> |          |     |
|          | Add lines <b>d1</b> and <b>d2</b>                                |           | <b>d</b> |     |
| <b>e</b> | Total expenses (Part I, line 17) Add lines <b>c</b> and <b>d</b> |           | <b>e</b> | 371 |

**Part V-A Current Officers, Directors, Trustees, and Key Employees** (List each person who was an officer, director, trustee, or key employee at any time during the year even if they were not compensated) (See the instructions)

| (A) Name and address                                     | (B) Title and average hours per week devoted to position | (C) Compensation (if not paid, enter -0-) | (D) Contributions to employee benefit plans & deferred compensation plans | (E) Expense account and other allowances |
|--|--|---|---|--|
| ROBERT O YOUNG<br>16390 DIA DEL SO VALLY CENTE CA 92082  | PRESIDENT<br>5   | 0   | 0   | 0  |
| SHELLEY R YOUNG<br>16390 DIA DEL SO VALLEY CENT CA 92082 | VICE PRESIDEN<br>5                                       | 0   | 0   | 0  |
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| Part VI Other Information (continued) |  | Yes | No |
|---------------------------------------|--|-----|----|
| 82a                                   | Did the organization receive donated services or the use of materials, equipment, or facilities at no charge or at substantially less than fair rental value? . . . . .  |     | X  |
| b                                     | If "Yes," you may indicate the value of these items here. Do not include this amount as revenue in Part I or as an expense in Part II (See instructions in Part III) . . . . .   |     |    |
|                                       | 82b  |     |    |
| 83a                                   | Did the organization comply with the public inspection requirements for returns and exemption applications? . . . . .  | X   |    |
| b                                     | Did the organization comply with the disclosure requirements relating to quid pro quo contributions? . . . . .   | X   |    |
| 83b                                   |  |     |    |
| 84a                                   | Did the organization solicit any contributions or gifts that were not tax deductible? . . . . .  |     | X  |
| b                                     | If "Yes," did the organization include with every solicitation an express statement that such contributions or gifts were not tax deductible? . . . . .  | N/A |    |
| 84b                                   |  |     |    |
| 85a                                   | 501(c)(4), (5), or (6). Were substantially all dues nondeductible by members? . . . . .  | N/A |    |
| b                                     | Did the organization make only in-house lobbying expenditures of \$2,000 or less? . . . . .  | N/A |    |
| 85b                                   |  |     |    |
|                                       | If "Yes" was answered to either 85a or 85b, do not complete 85c through 85h below unless the organization received a waiver for proxy tax owed for the prior year  |     |    |
| c                                     | Dues, assessments, and similar amounts from members . . . . .  |     |    |
|                                       | 85c  |     |    |
| d                                     | Section 162(e) lobbying and political expenditures . . . . .   |     |    |
|                                       | 85d  |     |    |
| e                                     | Aggregate nondeductible amount of section 6033(e)(1)(A) dues notices . . . . .   |     |    |
|                                       | 85e  |     |    |
| f                                     | Taxable amount of lobbying and political expenditures (line 85d less 85e) . . . . .  |     |    |
|                                       | 85f  |     |    |
| g                                     | Does the organization elect to pay the section 6033(e) tax on the amount on line 85f? . . . . .  | N/A |    |
| 85g                                   |  |     |    |
| h                                     | If section 6033(e)(1)(A) dues notices were sent, does the organization agree to add the amount on line 85f to its reasonable estimate of dues allocable to nondeductible lobbying and political expenditures for the following tax year? . . . . .                             | N/A |    |
| 85h                                   |  |     |    |
| 86                                    | 501(c)(7) orgs. Enter a Initiation fees and capital contributions included on line 12 . . . . .  |     |    |
|                                       | 86a  |     |    |
| b                                     | Gross receipts, included on line 12, for public use of club facilities . . . . .   |     |    |
|                                       | 86b  |     |    |
| 87                                    | 501(c)(12) orgs. Enter a Gross income from members or shareholders . . . . .   |     |    |
|                                       | 87a  |     |    |
| b                                     | Gross income from other sources (Do not net amounts due or paid to other sources against amounts due or received from them) . . . . .  |     |    |
|                                       | 87b  |     |    |
| 88a                                   | At any time during the year, did the organization own a 50% or greater interest in a taxable corporation or partnership, or an entity disregarded as separate from the organization under Regulations sections 301.7701-2 and 301.7701-3? If "Yes," complete Part IX . . . . . |     | X  |
| 88a                                   |  |     |    |
| b                                     | At any time during the year, did the organization, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," complete Part XI . . . . .  |     | X  |
| 88b                                   |  |     |    |
| 89a                                   | 501(c)(3) organizations. Enter Amount of tax imposed on the organization during the year under section 4911 ▶ _____, section 4912 ▶ _____, section 4955 ▶ _____  |     |    |
| b                                     | 501(c)(3) and 501(c)(4) orgs. Did the organization engage in any section 4958 excess benefit transaction during the year or did it become aware of an excess benefit transaction from a prior year? If "Yes," attach a statement explaining each transaction . . . . .         |     | X  |
| 89b                                   |  |     |    |
| c                                     | Enter Amount of tax imposed on the organization managers or disqualified persons during the year under sections 4912, 4955, and 4958 . . . . . ▶ _____   |     |    |
| d                                     | Enter Amount of tax on line 89c, above, reimbursed by the organization . . . . . ▶ _____   |     |    |
| e                                     | All organizations. At any time during the tax year, was the organization a party to a prohibited tax shelter transaction? . . . . .  | N/A |    |
| 89e                                   |  |     |    |
| f                                     | All organizations. Did the organization acquire a direct or indirect interest in any applicable insurance contract? . . . . .  | N/A |    |
| 89f                                   |  |     |    |
| g                                     | For supporting organizations and sponsoring organizations maintaining donor advised funds. Did the supporting organization, or a fund maintained by a sponsoring organization, have excess business holdings at any time during the year? . . . . .                            | N/A |    |
| 89g                                   |  |     |    |
| 90a                                   | List the states with which a copy of this return is filed ▶ _____  |     |    |
| b                                     | Number of employees employed in the pay period that includes March 12, 2007 (See instructions) . . . . .   | 90b |    |
| 91a                                   | The books are in care of ▶ % ROBERT O YOUNG Telephone no ▶ 760-751-8321<br>Located at ▶ 16390 DIA DEL SOL VALLEY CENTER VA ZIP + 4 ▶ 92082   |     |    |
| b                                     | At any time during the calendar year, did the organization have an interest in or a signature or other authority over a financial account in a foreign country (such as a bank account, securities account, or other financial account)? . . . . .                             |     | X  |
|                                       | If "Yes," enter the name of the foreign country ▶ _____  |     |    |
|                                       | See the instructions for exceptions and filing requirements for Form TD F 90-22.1, Report of Foreign Bank and Financial Accounts   |     |    |

**Part VI Other Information** (continued)

c At any time during the calendar year, did the organization maintain an office outside of the United States?  Yes  No  
 If "Yes," enter the name of the foreign country

92 Section 4947(a)(1) nonexempt charitable trusts filing Form 990 in lieu of Form 1041 - Check here   
 and enter the amount of tax-exempt interest received or accrued during the tax year 92

**Part VII Analysis of Income-Producing Activities** (See the instructions)

Note Enter gross amounts unless otherwise indicated

|  | Unrelated business income |               | Excluded by section 512 513, or 514 |               | (E)<br>Related or<br>exempt function<br>income |
|--|---------------------------|---------------|-------------------------------------|---------------|--|
|  | (A)<br>Business code      | (B)<br>Amount | (C)<br>Exclusion code               | (D)<br>Amount |  |
| 93 Program service revenue                                   |                           |               |                                     |               |  |
| a NUTRITIONAL RESEARCH                                       | 519100                    |               |                                     |               |  |
| b  |                           |               |                                     |               |  |
| c  |                           |               |                                     |               |  |
| d  |                           |               |                                     |               |  |
| e  |                           |               |                                     |               |  |
| f Medicare/Medicaid payments                                 |                           |               |                                     |               |  |
| g Fees and contracts from government agencies                |                           |               |                                     |               |  |
| 94 Membership dues and assessments                           |                           |               |                                     |               |  |
| 95 Interest on savings & temporary cash investments          |                           |               |                                     |               |  |
| 96 Dividends and interest from securities                    |                           |               |                                     |               |  |
| 97 Net rental income or (loss) from real estate              |                           |               |                                     |               |  |
| a debt-financed property                                     |                           |               |                                     |               |  |
| b not debt-financed property                                 |                           |               |                                     |               |  |
| 98 Net rental income or (loss) from personal property        |                           |               |                                     |               |  |
| 99 Other investment income                                   |                           |               |                                     |               |  |
| 100 Gain or (loss) from sales of assets other than inventory |                           |               |                                     |               |  |
| 101 Net income or (loss) from special events                 |                           |               |                                     |               |  |
| 102 Gross profit or (loss) from sales of inventory           |                           |               |                                     |               |  |
| 103 Other revenue  |                           |               |                                     |               |  |
| a  |                           |               |                                     |               |  |
| b  |                           |               |                                     |               |  |
| c  |                           |               |                                     |               |  |
| d  |                           |               |                                     |               |  |
| e  |                           |               |                                     |               |  |
| 104 Subtotal (add columns (B), (D), and (E))                 |                           |               |                                     |               |  |
| 105 Total (add line 104, columns (B), (D), and (E))          |                           |               |                                     |               |  |

Note: Line 105 plus line 1e, Part I, should equal the amount on line 12, Part I

**Part VIII Relationship of Activities to the Accomplishment of Exempt Purposes** (See the instructions)

| Line No. | Explain how each activity for which income is reported in column (E) of Part VII contributed importantly to the accomplishment of the organization's exempt purposes (other than by providing funds for such purposes) |
|----------|--|
| 93A      | PROVIDED THE GENERAL PUBLIC WITH AWARENESS OF HEALTH ISSUES AND TYPE II DIABETES. ALSO PROVIDED FREE CONSULTATION AND PRODUCTS AT NUTRITIONAL RETREATS.  |

**Part IX Information Regarding Taxable Subsidiaries and Disregarded Entities** (See the instructions)

| (A)<br>Name, address, and EIN of corporation, partnership, or disregarded entity | (B)<br>Percentage of ownership interest | (C)<br>Nature of activities | (D)<br>Total income | (E)<br>End-of-year assets |
|--|---|-----------------------------|---------------------|---------------------------|
|  | %                                       |                             |                     |                           |
|  | %                                       |                             |                     |                           |
|  | %                                       |                             |                     |                           |
|  | %                                       |                             |                     |                           |

**Part X Information Regarding Transfers Associated with Personal Benefit Contracts** (See the instructions)

(a) Did the organization, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?  Yes  No

(b) Did the organization, during the year, pay premiums, directly or indirectly, on a personal benefit contract?  Yes  No

Note. If "Yes" to (b), file Form 8870 and Form 4720 (see instructions)



**Part XI Information Regarding Transfers To and From Controlled Entities.** Complete only if the organization is a controlling organization as defined in section 512(b)(13)

106 Did the reporting organization make any transfers to a controlled entity as defined in section 512(b)(13) of the Code? If "Yes," complete the schedule below for each controlled entity

|     |    |
|-----|----|
| Yes | No |
|     |    |

|        | (A)<br>Name, address, of each controlled entity | (B)<br>Employer Identification Number | (C)<br>Description of transfer | (D)<br>Amount of transfer |
|--------|---|---------------------------------------|--------------------------------|---------------------------|
| a      |   |                                       |                                |                           |
| b      |   |                                       |                                |                           |
| c      |   |                                       |                                |                           |
| Totals |   |                                       |                                |                           |

107 Did the reporting organization receive any transfers from a controlled entity as defined in section 512(b)(13) of the Code? If "Yes," complete the schedule below for each controlled entity

|     |    |
|-----|----|
| Yes | No |
|     |    |

|        | (A)<br>Name, address, of each controlled entity | (B)<br>Employer Identification Number | (C)<br>Description of transfer | (D)<br>Amount of transfer |
|--------|---|---------------------------------------|--------------------------------|---------------------------|
| a      |   |                                       |                                |                           |
| b      |   |                                       |                                |                           |
| c      |   |                                       |                                |                           |
| Totals |   |                                       |                                |                           |

108 Did the organization have a binding written contract in effect on August 17, 2006, covering the interest, rents, royalties, and annuities described in question 107 above?

|     |    |
|-----|----|
| Yes | No |
|     |    |

Under penalties of perjury I declare that I have examined this return, including accompanying schedules and statements and to the best of my knowledge and belief it is true correct and complete Declaration of preparer (other than officer) is based on all information of which preparer has any knowledge

**Please Sign Here**

Signature of officer \_\_\_\_\_ Date \_\_\_\_\_  
 Type or print name and title \_\_\_\_\_

**Paid Preparer's Use Only**

|  |            |                          |   |
|--|------------|--------------------------|---|
| Preparer's signature   | Date       | Check if self-employed   | Preparer's SSN or PTIN (See Gen Inst X) |
|  | 10-13-2008 | <input type="checkbox"/> |   |
| Firm's name (or yours if self-employed), address and ZIP + 4 | EIN        | Phone no                 |   |
| HOFFMAN AND COMPANY<br>210 NORTH OREM BLVD<br>OREM, UT 84057 |            | 8012270707               |   |

**Organization Exempt Under Section 501(c)(3)**

(Except Private Foundation) and Section 501(e), 501(f), 501(k), 501(n),  
or 4947(a)(1) Nonexempt Charitable Trust

**2007**

Department of the Treasury  
Internal Revenue Service

**Supplementary Information -- (See separate instructions.)**

▶ **MUST be completed by the above organizations and attached to their Form 990 or 990-EZ**

Name of the organization

Employer identification number

INNERLIGHT BIOLOGICAL RESEARCH

31-1816384

**Part I Compensation of the Five Highest Paid Employees Other Than Officers, Directors, and Trustees**

(See page 1 of the instructions List each one If there are none, enter "None")

| (a) Name and address of each employee paid more than \$50,000 | (b) Title and average hours per week devoted to position | (c) Compensation | (d) Contributions to employee benefit plans & deferred compensation | (e) Expense account and other allowances |
|---|--|------------------|---|--|
| NONE  |  |                  |   |  |
|   |  |                  |   |  |
|   |  |                  |   |  |
|   |  |                  |   |  |
|   |  |                  |   |  |
|   |  |                  |   |  |
|   |  |                  |   |  |
|   |  |                  |   |  |

Total number of other employees paid over \$50,000 ▶

**Part II-A Compensation of the Five Highest Paid Independent Contractors for Professional Services**

(See page 2 of the instructions List each one (whether individuals or firms) If there are none, enter "None")

| (a) Name and address of each independent contractor paid more than \$50,000 | (b) Type of service | (c) Compensation |
|---|---------------------|------------------|
| NONE  |                     |                  |
|   |                     |                  |
|   |                     |                  |
|   |                     |                  |
|   |                     |                  |
|   |                     |                  |
|   |                     |                  |
|   |                     |                  |

Total number of others receiving over \$50,000 for professional services . . . . . ▶

**Part II-B Compensation of the Five Highest Paid Independent Contractors for Other Services**

(List each contractor who performed services other than professional services, whether individuals or firms If there are none, enter "None" See page 2 of the instructions )

| (a) Name and address of each independent contractor paid more than \$50,000 | (b) Type of service | (c) Compensation |
|---|---------------------|------------------|
| NONE  |                     |                  |
|   |                     |                  |
|   |                     |                  |
|   |                     |                  |
|   |                     |                  |
|   |                     |                  |
|   |                     |                  |
|   |                     |                  |

Total number of other contractors receiving over \$50,000 for other services . . . . . ▶

Part III Statements About Activities (See page 2 of the instructions)

Yes No

Table with 3 columns: Question, Yes, No. Rows include: 1. During the year, has the organization attempted to influence national, state, or local legislation...; 2. During the year, has the organization, either directly or indirectly, engaged in any of the following acts...; 3a. Did the organization make grants for scholarships...; 3b. Did the organization have a section 403(b) annuity plan...; 3c. Did the organization receive or hold an easement for conservation purposes...; 3d. Did the organization provide credit counseling...; 4a. Did the organization maintain any donor advised funds...; 4b. Did the organization make any taxable distributions...; 4c. Did the organization make a distribution to a donor...; d. Enter the total number of donor advised funds...; e. Enter the aggregate value of assets held in all donor advised funds...; f. Enter the total number of separate funds or accounts...; g. Enter the aggregate value of assets held in all funds or accounts...

**Part IV Reason for Non-Private Foundation Status** (See pages 4 through 8 of the instructions )

I certify that the organization is not a private foundation because it is (Please check only **ONE** applicable box )

- 5 A church, convention of churches, or association of churches Section 170(b)(1)(A)(i)
- 6 A school Section 170(b)(1)(A)(ii) (Also complete Part V )
- 7 A hospital or a cooperative hospital service organization Section 170(b)(1)(A)(iii)
- 8 A federal, state, or local government or governmental unit Section 170(b)(1)(A)(v)
- 9 A medical research organization operated in conjunction with a hospital Section 170(b)(1)(A)(iii) **Enter the hospital's name, city, and state** ▶ \_\_\_\_\_
- 10 An organization operated for the benefit of a college or university owned or operated by a governmental unit Section 170(b)(1)(A)(iv) (Also complete the **Support Schedule** in Part IV-A )
- 11a An organization that normally receives a substantial part of its support from a governmental unit or from the general public Section 170(b)(1)(A)(vi) (Also complete the **Support Schedule** in Part IV-A )
- 11b A community trust Section 170(b)(1)(A)(vi) (Also complete the **Support Schedule** in Part IV-A )
- 12  An organization that normally receives (1) more than 33 1/3% of its support from contributions, membership fees, and gross receipts from activities related to its charitable, etc , functions - subject to certain exceptions, and (2) no more than 33 1/3% of its support from gross investment income and unrelated business taxable income (less section 511 tax) from businesses acquired by the organization after June 30, 1975 See section 509(a)(2) (Also complete the **Support Schedule** in Part IV-A )
- 13 An organization that is not controlled by any disqualified persons (other than foundation managers) and otherwise meets the requirements of section 509(a)(3) Check the box that describes the type of supporting organization  
 Type I                      Type II                      Type III-Functionally Integrated                      Type III-Other

**Provide the following information about the supported organizations** (See page 8 of the instructions )

| (a)<br>Name(s) of supported organization(s) | (b)<br>Employer identification number (EIN) | (c)<br>Type of organization (described in lines 5 through 12 above or IRC section) | (d)<br>Is the supported organization listed in the supporting organization's governing documents? |    | (e)<br>Amount of support |
|---|---|--|---|----|--------------------------|
|   |   |  | Yes   | No |                          |
|   |   |  |   |    |                          |
|   |   |  |   |    |                          |
|   |   |  |   |    |                          |
|   |   |  |   |    |                          |
|   |   |  |   |    |                          |
| <b>Total</b>                                |   |  |   |    |                          |

- 14 An organization organized and operated to test for public safety Section 509(a)(4) (See page 8 of the instructions )

**Part IV-A Support Schedule** (Complete only if you checked a box on line 10, 11, or 12 ) Use cash method of accounting

Note. You may use the worksheet in the instructions for converting from the accrual to the cash method of accounting

| Calendar year (or fiscal year beginning in)  | (a) 2006     | (b) 2005     | (c) 2004     | (d) 2003     | (e) Total    |
|--|--------------|--------------|--------------|--------------|--------------|
| 15 Gifts, grants, and contributions received (Do not include unusual grants See line 28 ) . . . . .  | 0            | 0            | 25,000       | 0            | 25,000       |
| 16 Membership fees received . . . . .  | 0            | 0            | 0            | 0            | 0            |
| 17 Gross receipts from admissions, merchandise sold or services performed, or furnishing of facilities in any activity that is related to the organization's charitable, etc., purpose . . . . .   | 0            | 8,109        | 42,958       | 162,932      | 213,999      |
| 18 Gross income from interest, dividends, amounts received from payments on securities loans (section 512(a)(5)), rents, royalties, income from similar sources, and unrelated business taxable income (less section 511 taxes) from businesses acquired by the organization after June 30, 1975 . . . . .   | 0            | 0            | 0            | 5            | 5            |
| 19 Net income from unrelated business activities not included in line 18 . . . . .   | 0            | 0            | 0            | 0            | 0            |
| 20 Tax revenues levied for the organization's benefit and either paid to it or expended on its behalf . . . . .  | 0            | 0            | 0            | 0            | 0            |
| 21 The value of services or facilities furnished to the organization by a governmental unit without charge Do not include the value of services or facilities generally furnished to the public without charge . . . . .   | 0            | 0            | 0            | 0            | 0            |
| 22 Other income Attach a schedule Do not include gain or (loss) from sale of capital assets . . . . .  | 0            | 0            | 0            | 0            | 0            |
| 23 Total of lines 15 through 22 . . . . .  | 0            | 8,109        | 67,958       | 162,937      | 239,004      |
| 24 Line 23 minus line 17 . . . . .   | 0            | 0            | 25,000       | 5            | 25,005       |
| 25 Enter 1% of line 23 . . . . .   | 0            | 81           | 680          | 1,629        |              |
| 26 Organizations described on lines 10 or 11: a Enter 2% of amount in column (e), line 24 . . . . . ▶  |              |              |              |              | 26a 0        |
| b Prepare a list for your records to show the name of and amount contributed by each person (other than a governmental unit or publicly supported organization) whose total gifts for 2003 through 2006 exceeded the amount shown in line 26a Do not file this list with your return Enter the total of all these excess amounts . . ▶   |              |              |              |              | 26b          |
| c Total support for section 509(a)(1) test Enter line 24, column (e) . . . . . ▶   |              |              |              |              | 26c          |
| d Add Amounts from column (e) for lines 18 _____ 19 _____ . . . . . ▶  |              |              |              |              | 26d          |
| 22 _____ 26b _____ . . . . . ▶   |              |              |              |              | 26d          |
| e Public support (line 26c minus line 26d total) . . . . . ▶   |              |              |              |              | 26e          |
| f Public support percentage (line 26e (numerator) divided by line 26c (denominator)) . . . . . ▶   |              |              |              |              | 26f %        |
| 27 Organizations described on line 12 a For amounts included in lines 15, 16, and 17 that were received from a "disqualified person," prepare a list for your records to show the name of, and total amounts received in each year from, each "disqualified person " Do not file this list with your return. Enter the sum of such amounts for each year   | (2006) _____ | (2005) _____ | (2004) _____ | (2003) _____ |              |
| b For any amount included in line 17 that was received from each person (other than "disqualified persons"), prepare a list for your records to show the name of, and amount received for each year, that was more than the larger of (1) the amount on line 25 for the year or (2) \$5,000 (Include in the list organizations described in lines 5 through 11b, as well as individuals ) Do not file this list with your return After computing the difference between the amount received and the larger amount described in (1) or (2), enter the sum of these differences (the excess amounts) for each year | (2006) _____ | (2005) _____ | (2004) _____ | (2003) _____ |              |
| c Add Amounts from column (e) for lines 15 25,000 16 _____ . . . . . ▶   |              |              |              |              | 27c 238,999  |
| 17 213,999 20 _____ 21 _____ . . . . . ▶   |              |              |              |              | 27c 238,999  |
| d Add Line 27a total . . . . . and line 27b total . . . . . ▶  |              |              |              |              | 27d          |
| e Public support (line 27c total minus line 27d total) . . . . . ▶   |              |              |              |              | 27e 238,999  |
| f Total support for section 509(a)(2) test Enter amount from line 23, column (e) . . . . . ▶   |              |              | 27f 239,004  |              |              |
| g Public support percentage (line 27e (numerator) divided by line 27f (denominator)) . . . . . ▶   |              |              |              |              | 27g 100.00 % |
| h Investment income percentage (line 18, column (e) (numerator) divided by line 27f (denominator)) . . . . . ▶   |              |              |              |              | 27h %        |
| 28 Unusual Grants: For an organization described in line 10, 11, or 12 that received any unusual grants during 2003 through 2006, prepare a list for your records to show, for each year, the name of the contributor, the date and amount of the grant, and a brief description of the nature of the grant Do not file this list with your return. Do not include these grants in line 15   |              |              |              |              |              |

**Part V Private School Questionnaire** (See page 9 of the instructions)

**(To be completed ONLY by schools that checked the box on line 6 in Part IV)**

|   | Yes | No |
|---|-----|----|
| 29 Does the organization have a racially nondiscriminatory policy toward students by statement in its charter, bylaws, other governing instrument, or in a resolution of its governing body? . . . . .  | 29  |    |
| 30 Does the organization include a statement of its racially nondiscriminatory policy toward students in all its brochures, catalogues, and other written communications with the public dealing with student admissions, programs, and scholarships? . . . . .   | 30  |    |
| 31 Has the organization publicized its racially nondiscriminatory policy through newspaper or broadcast media during the period of solicitation for students, or during the registration period if it has no solicitation program, in a way that makes the policy known to all parts of the general community it serves? . . . . .<br>If "Yes," please describe, if "No," please explain (If you need more space, attach a separate statement ) | 31  |    |
| _____   |     |    |
| _____   |     |    |
| 32 Does the organization maintain the following   |     |    |
| a Records indicating the racial composition of the student body, faculty, and administrative staff? . . . . .   | 32a |    |
| b Records documenting that scholarships and other financial assistance are awarded on a racially nondiscriminatory basis? . . . . .   | 32b |    |
| c Copies of all catalogues, brochures, announcements, and other written communications to the public dealing with student admissions, programs, and scholarships? . . . . .   | 32c |    |
| d Copies of all material used by the organization or on its behalf to solicit contributions? . . . . .  | 32d |    |
| If you answered "No" to any of the above, please explain (If you need more space, attach a separate statement )   |     |    |
| _____   |     |    |
| _____   |     |    |
| 33 Does the organization discriminate by race in any way with respect to  |     |    |
| a Students' rights or privileges? . . . . .   | 33a |    |
| b Admissions policies? . . . . .  | 33b |    |
| c Employment of faculty or administrative staff? . . . . .  | 33c |    |
| d Scholarships or other financial assistance? . . . . .   | 33d |    |
| e Educational policies? . . . . .   | 33e |    |
| f Use of facilities? . . . . .  | 33f |    |
| g Athletic programs? . . . . .  | 33g |    |
| h Other extracurricular activities? . . . . .   | 33h |    |
| If you answered "Yes" to any of the above, please explain (If you need more space, attach a separate statement )  |     |    |
| _____   |     |    |
| _____   |     |    |
| 34a Does the organization receive any financial aid or assistance from a governmental agency? . . . . .   | 34a |    |
| b Has the organization's right to such aid ever been revoked or suspended? . . . . .<br>If you answered "Yes" to either 34a or b, please explain using an attached statement  | 34b |    |
| 35 Does the organization certify that it has complied with the applicable requirements of sections 4 01 through 4 05 of Rev Proc 75-50, 1975-2 C B 587, covering racial nondiscrimination? If "No," attach an explanation . . . . .   | 35  |    |

**Part VI-A Lobbying Expenditures by Electing Public Charities** (See page 11 of the instructions )

(To be completed ONLY by an eligible organization that filed Form 5768)

Check **a** if the organization belongs to an affiliated group Check **b** if you checked "a" and "limited control" provisions apply

**Limits on Lobbying Expenditures**

(The term "expenditures" means amounts paid or incurred )

|    |   | (a)<br>Affiliated group<br>totals | (b)<br>To be completed<br>for all electing<br>organizations |
|----|---|-----------------------------------|---|
| 36 | Total lobbying expenditures to influence public opinion (grassroots lobbying) . . . . .         | 36                                |   |
| 37 | Total lobbying expenditures to influence a legislative body (direct lobbying) . . . . .         | 37                                |   |
| 38 | Total lobbying expenditures (add lines 36 and 37) . . . . .                                     | 38                                |   |
| 39 | Other exempt purpose expenditures . . . . .   | 39                                |   |
| 40 | Total exempt purpose expenditures (add lines 38 and 39) . . . . .                               | 40                                |   |
| 41 | Lobbying nontaxable amount Enter the amount from the following table-                           |                                   |   |
|    | <b>If the amount on line 40 is-</b> <b>The lobbying nontaxable amount is-</b>                   |                                   |   |
|    | Not over \$500,000 . . . . . 20% of the amount on line 40 . . . . .                             |                                   |   |
|    | Over \$500,000 but not over \$1,000,000 . . . \$100,000 plus 15% of the excess over \$500,000   |                                   |   |
|    | Over \$1,000,000 but not over \$1,500,000 . . \$175,000 plus 10% of the excess over \$1,000,000 | 41                                |   |
|    | Over \$1,500,000 but not over \$17,000,000 . \$225,000 plus 5% of the excess over \$1,500,000   |                                   |   |
|    | Over \$17,000,000 . . . . . \$1,000,000 . . . . .   |                                   |   |
| 42 | Grassroots nontaxable amount (enter 25% of line 41) . . . . .                                   | 42                                |   |
| 43 | Subtract line 42 from line 36 Enter -0- if line 42 is more than line 36 . . . . .               | 43                                |   |
| 44 | Subtract line 41 from line 38 Enter -0- if line 41 is more than line 38 . . . . .               | 44                                | 0   |

Caution. If there is an amount on either line 43 or line 44, you must file Form 4720

**4-Year Averaging Period Under Section 501(h)**

(Some organizations that made a section 501(h) election do not have to complete all of the five columns below

See the instructions for lines 45 through 50 on page 13 of the instructions )

| Calendar year (or<br>fiscal year beginning in) ▶ | Lobbying Expenditures During 4-Year Averaging Period     |             |             |             |              |
|--|--|-------------|-------------|-------------|--------------|
|  | (a)<br>2007  | (b)<br>2006 | (c)<br>2005 | (d)<br>2004 | (e)<br>Total |
| 45   | Lobbying nontaxable amount . . . . .                     |             |             |             |              |
| 46   | Lobbying ceiling amount (150% of line 45(e)) . . . . .   |             |             |             |              |
| 47   | Total lobbying expenditures . . . . .                    |             |             |             |              |
| 48   | Grassroots nontaxable amount . . . . .                   |             |             |             |              |
| 49   | Grassroots ceiling amount (150% of line 48(e)) . . . . . |             |             |             |              |
| 50   | Grassroots lobbying expenditures . . . . .               |             |             |             |              |

**Part VI-B Lobbying Activity by Nonelecting Public Charities**

(For reporting only by organizations that did not complete Part VI-A) (See page 14 of the instructions )

| During the year, did the organization attempt to influence national, state or local legislation, including any attempt to influence public opinion on a legislative matter or referendum, through the use of | Yes | No | Amount |
|--|-----|----|--------|
| a Volunteers . . . . .   |     |    |        |
| b Paid staff or management (Include compensation in expenses reported on lines c through h.) . . . . .   |     |    |        |
| c Media advertisements . . . . .   |     |    | 0      |
| d Mailings to members, legislators, or the public . . . . .  |     |    |        |
| e Publications, or published or broadcast statements . . . . .   |     |    |        |
| f Grants to other organizations for lobbying purposes . . . . .  |     |    |        |
| g Direct contact with legislators, their staffs, government officials, or a legislative body . . . . .   |     |    |        |
| h Rallies, demonstrations, seminars, conventions, speeches, lectures, or any other means . . . . .   |     |    |        |
| i Total lobbying expenditures (Add lines c through h.) . . . . .   |     |    | 0      |

If "Yes" to any of the above, also attach a statement giving a detailed description of the lobbying activities

Part VII Information Regarding Transfers To and Transactions and Relationships With Noncharitable Exempt Organizations (See page 14 of the instructions)

51 Did the reporting organization directly or indirectly engage in any of the following with any other organization described in section 501(c) of the Code (other than section 501(c)(3) organizations) or in section 527, relating to political organizations?

a Transfers from the reporting organization to a noncharitable exempt organization of

(i) Cash

(ii) Other assets

b Other transactions

(i) Sales or exchanges of assets with a noncharitable exempt organization

(ii) Purchases of assets from a noncharitable exempt organization

(iii) Rental of facilities, equipment, or other assets

(iv) Reimbursement arrangements

(v) Loans or loan guarantees

(vi) Performance of services or membership or fundraising solicitations

c Sharing of facilities, equipment, mailing lists, other assets, or paid employees

d If the answer to any of the above is "Yes," complete the following schedule. Column (b) should always show the fair market value of the goods, other assets, or services given by the reporting organization. If the organization received less than fair market value in any transaction or sharing arrangement, show in column (d) the value of the goods, other assets, or services received.

Summary table with columns: Yes, No. Rows: 51a(i), a(ii), b(i), b(ii), b(iii), b(iv), b(v), b(vi), c.

Main schedule table with columns: (a) Line no, (b) Amount involved, (c) Name of noncharitable exempt organization, (d) Description of transfers, transactions and sharing arrangements.

52a Is the organization directly or indirectly affiliated with, or related to, one or more tax-exempt organizations described in section 501(c) of the Code (other than section 501(c)(3)) or in section 527?

Yes No

b If "Yes," complete the following schedule

Schedule table with columns: (a) Name of organization, (b) Type of organization, (c) Description of relationship.



Federal Supporting Statements

2007 PG01

Name(s) as shown on return

INNERLIGHT BIOLOGICAL RESEARCH

FEIN

31-1816384

PART I LINE 20

Statement #

Unformatted Statement

ACCOUNTS RECEIVABLE ADJUSTED BY \$751 DUE TO DEFICIT

PART V-A LINE 75B

PG01  
Statement #

Unformatted Statement

ROBERT O YOUNG AND SHELLEY R YOUNG ARE RELATED BY MARRIAGE

Statement of Program Service Accomplishments

2007 01

Name(s) as shown on return

Your Social Security Number

INNERLIGHT BIOLOGICAL RESEARCH

31-1816384

FORM 990, PART III (a)

|                          |     |
|--------------------------|-----|
| Grants and Allocations   | \$0 |
| Program Service Expenses | \$0 |
| Includes Foreign Grants  | NO  |

Explanation

PROVIDES NUTRITIONAL RESEARCH FOR THE GENERAL PUBLIC  
WITH LITERATURE, BOOKS, AND TAPES ABOUT HEALTH AND  
TYPE II DIABETES.

990

Overflow Statement

2007  
Page 1

Name(s) as shown on return

FEIN

INNERLIGHT BIOLOGICAL RESEARCH

31-1816384

ACCOUNTS RECEIVABLE

| Description         | Amount   |
|---------------------|----------|
| PH MIRACLE RETREATS | \$ 2,172 |
| RANCH AVORADO       | 3,550    |
| Total:              | \$ 5,722 |